



Avista Nursing & Rehab

is a 103-bed subacute rehabilitation and skilled nursing center in the heart of Saginaw offering a truly warm and homelike setting for individuals recovering from surgery and illness.

Today under new ownership, Avista is proud to be part of the distinguished Preferred Care family of healthcare centers.

As local operators familiar with the community, we are elevating our delivery of care - making sure every patient receives the personalized care and attention they deserve.



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AvistaNursingAndRehab.com



Preferred Care is a healthcare management firm that is redefining the meaning of first class rehabilitative and subacute care.

24/7 Admissions

Accepting Medicare, Medicaid
& most insurances.



A proud member of  Preferred Care

A Positive Patient Experience



Distinguished By Our Patient - Centered Care

Offering an expansive continuum of clinical services:

- Subacute Rehabilitative Care
- 24-hour Skilled Nursing Care
- Physical, Occupational & Speech Therapy 7 Days a Week
- Orthopedic Rehab
- Pulmonary Care
- Respiratory Therapy
- Neurological Care
- Tracheostomy Care
- Cardiac Care
- Bariatric Care
- Advanced Wound Care / Wound Specialist On Staff
- IV Therapy
- Infectious Disease Care
- Pain Management
- Restorative Nursing
- Nutrition Management
- In-House Podiatry
- In-House Dental
- Hospice / Respite Care

Optimizing Functionality & Restoring Independence

Our outstanding Subacute Program revitalizes individuals recovering from illness or surgery as they transition from the hospital back home.

To ensure that our patients' recovery is as swift and pleasant as possible, our expert team of therapists tailor individualized care plans utilizing the latest rehabilitation techniques and equipment.

- Daily Physical, Occupational & Speech Therapy
- Expansive Rehab Gym with Cutting-Edge Equipment
- Individualized Care Plans
- Comprehensive Discharge Planning & Post-Discharge Follow-up

At Avista, our doctors, nurses, and therapists are noted for their genuine warmth and dedication towards every patient.

A Warm & Welcoming Ambiance

An array of amenities to assure your comfort:

- Dedicated Subacute Unit
- Private & Semi-Private Suites
- Flat Screen TVs
- Complimentary Cable & WiFi
- Restaurant-Style Dining
- 2 Enclosed Patios
- On-Site Beauty & Barber
- Laundry Service
- Transportation To & From Doctors Appointments
- Stimulating Recreation Program
- Religious Services

We offer diverse recreational programming that includes pet therapy, picnics and barbecues on our patio, bingo, seasonal activities and outings to local stores and restaurants.

